



Jaffa Immune Boosting Shots

Makes

7

Time

10
mins

Level

SIMPLE

Kcal

50
per
serving

You will need

- 1/2 cup filtered water
- 3 Jaffa Easy Peelers, peeled
- Juice one Jaffa orange
- Juice 3 Jaffa lemons
- One large chunk ginger, peeled and chopped (we used a large chunk, but reduce this down to a thumb-sized piece if you don't want it to be spicy)
- Three small turmeric roots, peeled (or ground turmeric, to taste)
- 2-3 garlic cloves, peeled and minced (optional)
- Pinch black pepper

Our step by step guide

Step 1

Blend together all ingredients until mostly smooth.

Step 2

Strain through a sieve into a bowl.

Step 3

Pour into small bottles.

Step 4

Store in the fridge until ready to drink.

Step 5

Enjoy!

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